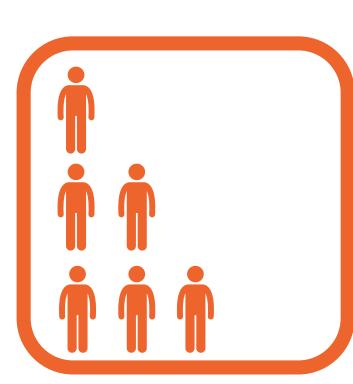
PROTOCOL YOUTH TRAINING





13 years or older? keep 1,5 metres distance at all times



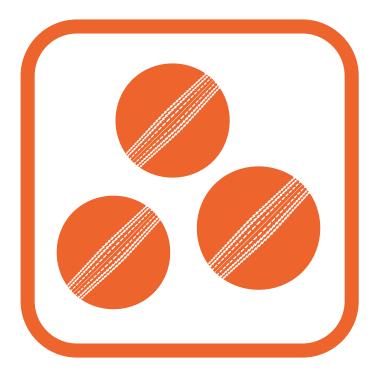
presence of a coach is required

1-8 players: 1 coach

9-16 players: 2 coaches 17-24 players: 3 coaches



bring your own equipment if possible



only use the ball with your name or number on it



per net max.

3 bowlers and

1 batsman



using a bowling machine? set it up in the middle net

HYGIENE

- wash your hands before and after training
- don't shake hands or give high fives
- cough or sneeze in your elbow and use paper tissues
- stay at home if you have (even mild) cold-like symptoms, such as a sore throat, a runny nose, sneezing, a mild cough, or a fever
- stay at home if someone in your household has a fever (above 38°C) and/or shortness of breath